

# A BRIGHTER UNKNOWN

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Be who you are,  
And strive to be what you were meant to become—  
Not who you were.

Easy come, easy go.

The more we learn, the less we know;  
What an elder sees sitting, the young can't see standing.  
Life is short, the art long, and opportunity fleeting,  
Memories die like embers.  
We're all shipwrecked... but hopefully,  
Too busy becoming to be destroyed—let alone sunk.

Thankfully, Fortune brings in some boats that are not steered.  
As best you can,  
Build a ship you can sail and cling to;  
Live the life you want and were destined to live.

To guide you safely in,  
Look for, seek, and reach out for every hand you can;  
It's time to stop imagining what might have been.  
Instead, love what you already have... and  
Focus on what remains.

In order to embrace the life that is waiting for you,  
Be flexible about what you've planned;  
Fear not to embark on a rantom scoot, or to  
Sail your craft confidently toward a brighter unknown.  
The only journey that matters is the one you navigate to that distant shore.

*Dr. Turner is the Associate Dean for Faculty Development and Associate Professor in the Department of Geriatrics.*

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