

WITNESS THE DAY AND YOURSELVES

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Be a child of life, and for all of your patients.

There is a child within you, your patients, and all with whom you come in contact,
a child waiting to be brought forth in birth—Infant of a new and wiser self.

You can feel wanting to walk into a child's dream;
you can feel each moment reaching back
to circumscribe your life backward and forward to whatever the dawn brings you.

Become comfortable with the silence within, the power within, and the power without.
The path you take each day is whatever passes before your eyes—no end in itself.
The end is grace-eases—healing and not saving.

Imagination can lead the mind and heart;
recognize and sing the proof of the power within your life each day.

What you once imagined and dreamt now is here!

The hours of your learning, toil, thought, and experience—
and then forgotten in the garden of rattled nerves and uncertainty.
The clear leaf of sepia light after sunset,
floats on its lucid bay
in life—each life, each year, and each day.
What lies behind you and what lies in front of you, pales in comparison to what lies inside you.

A word fitly spoken is like apples of gold in settings of silver;
a word of encouragement could be just what someone needs from you.
You never know what someone is struggling with.
Your smile might be what someone needs to get them through another day.

Don't aim at success—the more you aim and make it your sole target,
the more likely you are going to miss it.
Success, like happiness, cannot be pursued;
it's the result of one's personal dedication to a course greater than oneself.

One important thing is not to stop questioning.
Joy is looking deeply and comprehending yourself, others, and nature's most beautiful gifts.

Remain cognizant that the questions you ask yourself
will, hopefully, begin to illuminate the world—
a window into the experience of others.

Your passion brought you here; your passion for learning and serving will help sustain you through dark times.

An inconvenience is an adventure wrongly considered; an adventure is an inconvenience rightly considered.

Your work is to discover your work and then with all your heart give yourself to it.

May you be at peace within yourself and between yourself and others.

Let peace be what is between you and all people you know, love, and serve.

Gregory Turner is Associate Professor and Associate Dean for Faculty Development at FSU College of Medicine. His doctoral degree (University of Pittsburgh) is in program evaluation in higher education. He has conducted numerous faculty development workshops, served as an educational consultant, and has published articles in several peer reviewed journals, including the Journal of the American Geriatrics Society, Pain Medicine, and Clinical Teacher.

CONQUER THE SUN

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