

J. Steven Johnson, MD

HAND of HOPE

With frightened eyes and trembling hand,
A youngish lass and loving mate
Struggled to understand
The tenuousness of their fading fate.
And all involved with sadness sang
About the harshness of the cure,
And breadth and depth of treatment's scope;
Except that one who wasn't sure,
Who offered out a hand of HOPE.

■ **Dr. Johnson** is the Director of Radiation Oncology in Thomasville, a position he's held for 25 years. "Dr. J" brings a natural passion and empathetic approach to his patient population and thus, believes a better quality of life.

Junelle Cumberbatch Gallon

The Mind of Healing

Healing is a conscious thought—
What the mind believes, the body acts out.
Medicine heals various illnesses,
But God made the body intricately marvelous.
Only the mind can heal your heart—
What you think about is brought to light,
You can heal yourself from cancer;
Watch the doctor try to figure out the answer.

■ **Junelle** is an Accounting Representative in the Department of Finance and Administration at Florida State University College of Medicine. She was born in Barbados, West Indies and enjoys writing poetry and learning about other cultures. In her free time, Junelle mentors young girls at her church and teaches color and skin care techniques through Mary Kay.

Matthew R. Neth

In Honor of Becoming a Doctor

16 days ago he was clinging to life in the operating room.
As he walked into the office I could not help but think what a gift we are afforded
in becoming doctors.
We have the honor of learning the skills and knowledge to heal the sick.
To impact someone's life that much is special!

■ **Matthew R. Neth** is a third year medical student at Florida State University.

Julia Fashner, MD

Stage 3: Preparation

Cut out my bacon cheeseburger and french fries—no way
How much weight will it take?
Diets make you stray
What goes in?
The stomach tells what to put on the plate
Muscle strain, sweat, low back pain
Exercise is more work than play
Walk to use up the calories
Really, decide to change today?



Wes Tindell

■ **Wes Tindell** is a first year medical student at Florida State University.