#### Sarah-Ashley Robbins

# **A Journey**

It started at age 12.

Something wasn't right.

I limped to class and couldn't explain why.

An indescribable pain controlled my hips. Stiffness limited movement.

Doctors: stumped. Labs: normal.

At 17, X-ray revealed ankylosing spondylitis.

A diagnosis, An explanation, Physical relief is healing.

Hope in a new future is healing.

Now, I will pay it forward.

**Sarah-Ashley Robbins** is a third year medical student at Florida State University.



### Il Duomo di Firenze

Catalina Zapata

■ Catalina Zapata is a first year medical student at Florida State University.



#### Christine McLaughlin

■ Christine McLaughlin is a second year medical student at Florida State University.

#### Adam Baptiste

### Live a Life of Love

Is the 1st more important than the 5th?
That's like asking if a Hug is more important than a Kiss Life without Love
...is like Water with no Fish
So Live a Life of Love
B4U Live Life Amiss

■ Adam Baptiste views himself as a permanent student. He strives to seek and promote truth and justice at all times; and hopes to have an influence on all those he comes in contact with to do the same. LOVE & LIVE LIFE.

Julia Fashner, MD

## Stage 5: Maintenance

The scale tells it all
Under 200 pounds WOW
No longer a big blue beach ball
Family and friends notice
You may still see-saw
Going for a daily walk, out of breath is not so close
The portion looks big because the plate is small
Be strong
The person to impress has done it all