I STOLE Charles Howze

I stole from my folks; I stole from my friends, I stole from myself again and again I stole from my kids; I stole from my wife, I stole from Jesus Christ, like it was all right I stole off my jobs; I stole out of stores, I even stole my brother-in-law's watch, my sister's rings and my nephew's clothes, I stole from my brother, the best one I ever had I pray that one day he forgives me, but for now he really mad I stole from my sister, I mean I really let her down I can't explain why I did what I did, and I was too ashamed to stick around, When I stole from my sister, I knew I had to go, But that's why I'm back to let her know That her little brother don't steal no more

Charles Howze is a community contributor to HEAL.



Live for me Nurture me Not demands; observations Nothing asked for in return And yet, yearning Desire to reciprocate Her love

Growing up in the Navy, Ryan Fitzgerald was brought up in an everchanging environment. The one aspect of childhood that was steadfast and constant—his rock—was his family.

JAIME'S HUG

Kenneth Kriendler

If I could hug you one more time, I'd still tell you that I love you.

If I could hug you one more time, I'd hold you tighter.

If I could hug you one more time, I'd hesitate to let go.

If I could hug you one more time, I'd thank Jesus for the blessing that is my child.

If I could hug you one more time, I'd assure you that you're special.

If I could hug you one more time, I'd promise to spend more time with you.

If I could hug you one more time, I'd offer more spiritual praise.

If I could only hug you one more time, I'd tell you that I love you.

If I could only . . . hug you . . . one more time.

Kenneth Kriendler resides in Columbia, South Carolina.