

Heal

Forward

HEAL: Humanism Evolving through Arts and Literature Volume 1, is designed to be a source of inspiration for all who read it. It is a collection of artistic works of the students and faculty of the Florida State University College of Medicine. It is easy to read and easy to return to. It aspires to be the book that students and faculty reach for when life becomes difficult. All who read this book could be inspired to create, to get in touch with their hearts, and to remember the noble, selfless reasons that we chose medicine.

Perhaps the biggest reason for HEAL is to help students and faculty members connect with each other. It is the human connection that heals. This can only be modeled with the students; we cannot tell them how it is, we must show them. We invite all who read this book to act on what it inspires you to do. As you create, you will activate that part of your soul that connects you to others, and helps you to be a healing influence for all those who come in contact with you. Enjoy HEAL, Volume 1. -José E Rodríguez MD

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