INTERSEX

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When I found out that I am intersex, I didn't know what to do.

The clinician's hand writing is terrible. So maybe this isn't true?

While I wish I can change my past, to instead grow up as a man.

It was 1994, a different time for transgender folks back then.

My body felt too big to be feminine, too little to be masculine.

So I self-medicated on diet pills while habitually occupying restrooms.

Physicians saw me as a walking skeleton, with unfilled prescriptions of Prozac.

So I dodged most clinical visits and risked dying young of a heart attack.

My assigned female body was a prison, or so I initially thought.

Until vague notations in my medical records were unpredictably caught.

As a healthy newborn, I was in the hospital for five days after my birth.

Due to a medically unnecessary genital surgery with no empirical worth.

At the time, doctors lied to my parents and said I needed a tympanostomy.

So mom and dad thought nothing of it, equating degrees with ethics and honesty.

However my medical records told a different story.

The one of me having "ambiguous genitalia."

So an obstetrician performed uncontested surgery on my genitals.

And used their medical authority to control my anatomical features.

When I found out about my intersex identity, I erroneously blamed myself.

For all of the signs I missed, like the deep scar tissue and lack of menstrual blood.

Until a medical scientist told me that it wasn't my fault.

After all I was only a baby, this experience was surgical trauma and assault.

If only my providers gave me a fighting chance, to live as my authentic self.

While giving me the tools and resources I needed to be intersexy and well.

For now I keep learning and caring more about my body with each passing day.

In the hopes of empowering myself, while helping intersex advocates pave the way.

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