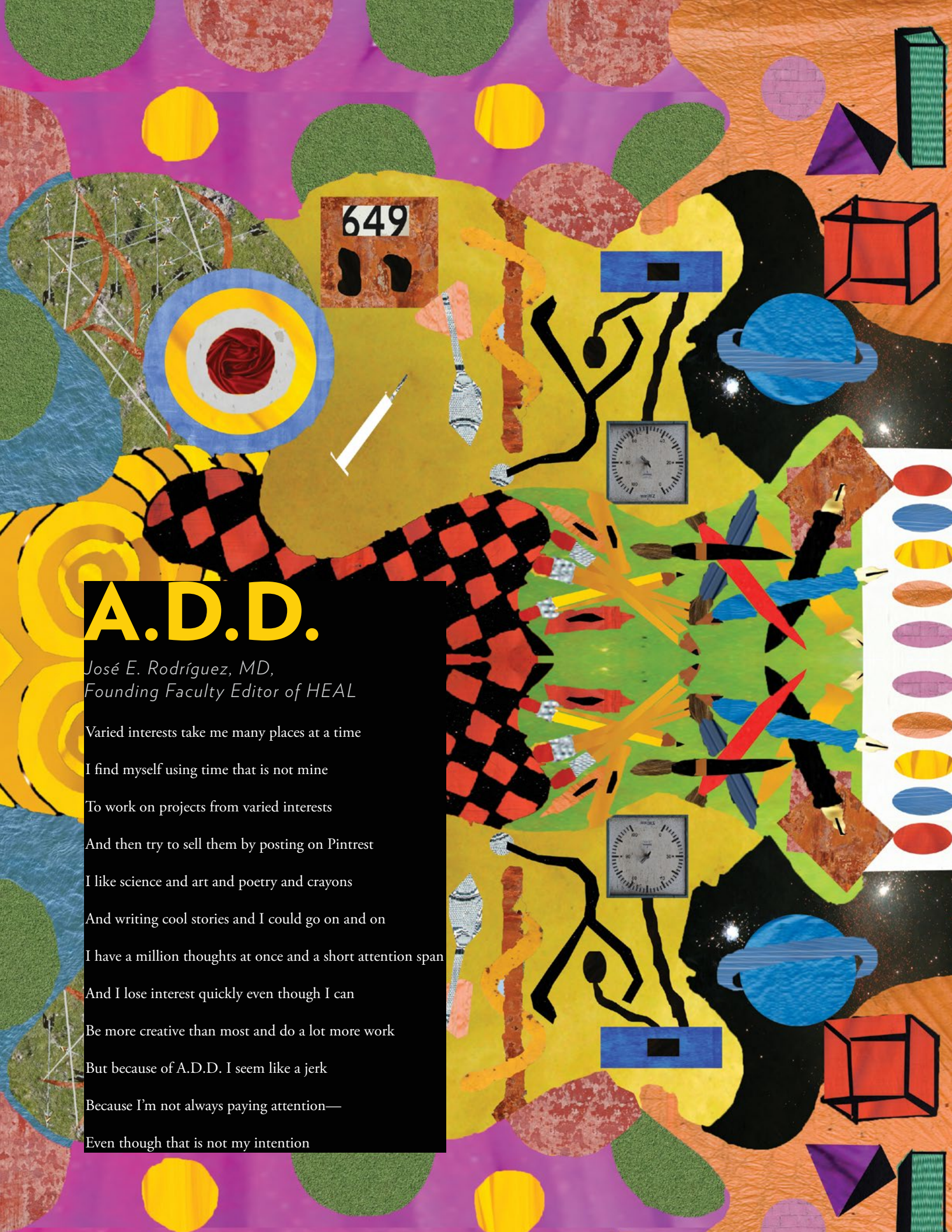


# A.D.D.

*José E. Rodríguez, MD,*
*Founding Faculty Editor of HEAL*

Varied interests take me many places at a time

I find myself using time that is not mine

To work on projects from varied interests

And then try to sell them by posting on Pintrest

I like science and art and poetry and crayons

And writing cool stories and I could go on and on

I have a million thoughts at once and a short attention span

And I lose interest quickly even though I can

Be more creative than most and do a lot more work

But because of A.D.D. I seem like a jerk

Because I'm not always paying attention—

Even though that is not my intention