

SELF-ANALYSIS

Roddy Bernard, MD, Class of 2019

More or less
Less is more.
That is unless
I desire more.

Reassess
My inner core.
Weightless stress
Prevents I soar.

New distress.
Self-fought War.
Ideal success,
Not as before.

Defy the guess.
Not anymore.
Proudly confess
What I care for.

Happiness
Opens doors.
Cleans a mess
Calms the shores.

So happiness
I will explore.
For with it
Life is more.

Author's note: As we grow in the medical field, we become aware of previously unknown opportunities. Career choices based on salaries and the desire to win recognition through awards can shift the way we approach our medical career. Our original intentions of why we pursued medicine are tested. However, we should reflect and consider if altering the path is what will truly lead to our ultimate happiness.

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