PREPARATION FOR AND RECOVERY FROM HURRICANES AND WINDSTORMS FOR TROPICAL FRUIT TREES IN THE SOUTH FLORIDA HOME LANDSCAPE

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Abstract. There are hundreds of thousands of tropical and subtropical fruit trees planted in the home landscapes of south Florida. Many of these trees were guite old (>20 years old) and large prior to the recent hurricanes experienced in south Florida during 2004 and 2005. However, many trees are less than 12 years old having been planted post hurricane Andrew (1992) and after the citrus eradication program (1995). If possible, fruit trees planted in the home landscape should be placed away from other trees, buildings, structures, and power lines. Trees already established in the landscape should be pruned annually to open up the canopy to air movement and to control tree size which will minimize potential damage to the trees and nearby structures and landscape. The tropical/subtropical fruit tree recovery rate from the devastating effects of hurricanes and tropical storms is influenced by the severity of tree damage, wind intensity and direction of the storm, tree condition, rainfall amounts and flooding duration (if that occurred), time of year of the storm and subsequent weather conditions following the storm. Depending upon the extent of storm damage (e.g., limb breakage, toppling) fruit trees should be pruned to remove dead or heavily damaged wood, facilitate resetting of toppled trees, or removed completely. After a storm, fertilizer and watering regimes may need to be modified to facilitate regrowth and recovery of damaged trees. Recommendations for specific fruit crops vary and will be discussed.

Pre-hurricane Planning and Prevention

Well in advance of the hurricane season an assessment of the location and size of the fruit trees in the home landscape should be made. Ideally, fruit trees with a potential to become large (e.g., avocado and mango) and not regularly pruned should be planted 25 ft or more away from the home, other structures (e.g., garage and tool shed), power lines, and other trees. If, however, a large fruit tree is already in-place, a certified arborist should be contacted to reduce tree height and properly prune the tree to open the canopy to wind movement. Alternatively, large, potentially hazardous fruit trees may be transferred to a new location or removed completely and a new fruit tree established at a greater distance from the

home, structure, or power lines. Before work begins, check with local county agencies on regulations for pruning and/or removing fruit trees from the home landscape.

The most effective cultural practice to reduce the potential for tree toppling and major damage is managing tree height and spread. Ideally, fruit trees in the home landscape should be pruned annually or biannually beginning soon after planting to develop a strong tree structure and later to remove dead wood, reduce tree height and spread (if needed occasionally), and open the tree to wind movement. Small fruit trees such as guava and sugar apple may be kept at 3 to 12 ft and 6 to 12 ft high, respectively. Potentially large trees like avocado may be kept at 10 to 15 ft and mango at 6 to 15 ft high with judicious but regular pruning (Table 1).

Proper planting of fruit trees will reduce the potential for storm related toppling and uprooting in the future. The deeper and more extensive the lateral root system the less likely the tree will topple, uproot, or lean after a windstorm. Root growth and establishment will be facilitated by loosening a large area of soil during the planting process. In sandy type soils found throughout much of Florida the planting hole should be 3 times the size of the container the tree came in. In Miami-Dade and Monroe County's where the soil is often a rocky limestone based material, augering or excavating large holes or multiple holes is essential in establishing a root system with some ability to anchor trees in place.

Flooding potential before planting is an important factor to consider in south Florida. If there is a possibility of flooding then bedding or mounding the soil and choosing flood tolerant fruit species must be considered.

Tools to have on hand include a lopper, hand clipper and hand saw, a pole saw, shovel, pick and digging bar. If possible a chainsaw with extra chains and fuel.

Prior to a storm photographs of the landscape may be useful documentation especially if the landscape is insured. Placing a person in the photographs will aid in determining the size of the trees prior to a storm.

Post-hurricane Practices

Documentation. Post storm documentation may be valuable for insurance claims where fruit trees cause damage to the home and/or if the landscape is insured. Photographically document the damage to the home structures and fruit trees and as with the pre-storm photographs have someone stand in the pictures to provide scale. Write down the type of damage each tree sustained, e.g., toppled, wind-thrown, and/or major limb damage, and flooded, etc.

Immediate sun protection. Overheating of sun exposed tree trunks and limbs is a potentially severe problem encountered when fruit trees are toppled or leaning after a storm. Immediately covering the upper sun exposed surface of the tree trunk and major scaffold limbs and exposed roots with detached (fallen) limbs and/or other debris will shade them from sunlight. Alternatively, immediately painting the exposed areas with a 50/50 mixture of white latex paint and

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Table 1. Recommended plant height for tropical fruit trees grown in the home landscape in Florida.

Common name	Scientific name	Recommended maintenance tree height (ft)
Abiu	Pouteria caimito	8-12
Atemoya	Annona cherimola × A. squamosa	8-12
Avocado	Persea Americana	10-15
Banana	Musa hybrids	_
Black sapote	Diospyros digyna	12-15
Caimito (star apple)	Chyrsophyllum cainito	8-12
Canistel (egg fruit)	Pouteria campechiana	10-12
Carambola	Averrhoa carambola	6-12
Cashew	Anacardium occidentale	10-12
Citrus	Citrus species	10-14
Cocoa	Theobroma cacao	6-8
Coconut	Cocos nucifera	-
Coffee	Coffea arabica, C. canephora	5-15
Guava	Psidium guajava	3-12
aboticaba	Myrciaria cauliflora	8-12
ackfruit	Artocarpus heterophyllus	8-14
ongan	Dimocarpus longana	10-15
Loquat	Eriobotrya japonica	6-12
Lychee	Litchi chinensis	10-15
Macadamia	Macadamia integrifolia and M. tetraphylla	12-14
Namey sapote	Pouteria sapota	12-15
Mamoncillo	Melicocus bijugatus	12-15
Mango	Mangifera indica	6-15
ineapple	Annanas comosus	-
Pitaya	Hylocereus undatus and hybrids	-
apodilla	Manilkara zapota	12-15
oursop	Annona muricata	8-12
pondias	Spondias species	8-12
Sugar apple	Annona squamosa	8-12
Геа ^z	Camellia sinensis	5-6
White sapote	Casimiroa edulis and C. tetrameria	10-15

^zNot grown for its fruit; grown for its leaves.

water will reflect sunlight keeping the exposed surfaces from overheating due to excessive sun exposure.

Toppled trees. Fruit trees that have fallen over but still have some root system in the ground and have leaf canopy remaining can be saved but, are in danger of drying out (drought stress). Pruning to remove some but not all the canopy (maybe ½ of what remains) will reduce the water demand of the tree by reducing the water loss from the tree.

Resetting trees. Resetting large (15 ft tall or greater) trees requires large equipment such as a tractor or backhoe, and may not be feasible for most home owners to do themselves. Hiring a licensed arborist or landscape contractor may be appropriate.

To stand up toppled trees that have part of the root system in the ground, reset the trees back to the same soil level they were before falling. Resetting steps include: a) pulling back the soil from the area where the roots came out of the ground so the tree will reset at or near the same soil level prior to toppling; b) removing badly broken roots (but try to leave as many as possible) and any tap roots that prevent the tree from resetting at or near the same soil level as before and; c) cutting back the top of the tree (the larger the tree the more you may need to cut in order to reduce the trees top weight) in order to pull the tree up. It may also be appropriate to remove some (not all) canopy to reduce water demand and loss. When using equipment (truck, tractor, or backhoe) to stand a tree upright, only cloth or rope slings should be used as cable-wire or chain slings damage tree bark and if they snap may

be very dangerous. Once the tree is standing place one or more Y-shaped braces against the trunk to steady the tree. Braces may be made out of limbs pruned off or broken off damaged trees. Finally after applying water to fill the excavated hole, fill in the reset tree with soil to cover the roots and again soak the root area with plenty of water. This should work for most large fruit trees.

Large trees that remained standing after the windstorm and have retained some of their leaves may not need to be protected from sun exposure or only parts of the tree may need to be covered or painted. However, even though these trees may have a broken limb here and there and look relatively sound, the root system most likely has been damaged to some extent and you may begin to see drought stress symptoms, e.g., leaf wilting, fruit drop, stem and limb dieback. We recommend that: a) if the tree has fruit, remove most or all of it and b) remove ½ to ½ the canopy to reduce the water demands of the canopy on the reduced root system. In general, trees showing signs of drought stress that have fruit tend to decline and die at a greater rate than those with little or no fruit.

Recommendations for small trees that have fallen-over include: covering the trunk and major limbs with debris, removing ½ to ½ of the canopy, and resetting the tree to an upright position as soon as possible. Follow the same procedure for resetting used for large trees. Small trees that have not fallen over and that have retained their leaves and/or fruit should be monitored closely for signs of drought stress; an indication

of root and/or trunk damage. As with large trees, it may be prudent to remove some or all of the fruit first and if the tree continues to show signs of further decline, remove some of the canopy.

Flooded trees. The tolerance to flooding or saturated soil conditions of tropical and subtropical fruit trees varies (Table 2). Some fruit trees such as avocado and papaya may not withstand more than a day or two of saturated or flooded soil conditions. In contrast, mango trees may withstand several weeks and guava trees a week of saturated or flooded soil conditions.

Symptoms of flooding stress include dead roots, leaf and stem wilting, leaf yellowing and browning, leaf drop, stem and limb dieback, fruit shriveling and/or drop, and tree death. Fruit should be removed from trees with little to no tolerance to saturated soil conditions and trees showing signs of flooding stress should have up to ½ the leafy tree canopy removed to reduce the stress imposed by soil conditions. Reducing the size of the canopy will improve the chances for tree survival.

Effect of post-storm weather conditions. The hurricane and tropical storm season in Florida is from June through November and the minimum and optimum temperatures necessary for tree growth of tropical and subtropical fruit trees vary

Table 2. Flooding tolerance of selected tropical and subtropical fruit crops in the home landscape.^z

Tolerant	Moderately tolerant	Not tolerant
Caimito ¹	Abiu ¹	Atemoya ²
Coconut ¹	Banana ³	Avocado ⁴
Grafted citrus ²	Canistel ¹	Canistel ⁵
Guava ¹	Carambola ²	Cashew ⁵
Mango ⁶	Cocoa ⁷	Coffee ⁷
Sapodilla ¹	'Tahiti' Lime ²	Jaboticaba ¹
Spondias species ⁵	Longan ²	Jackfruit ¹
Soursop ⁸	Lychee ²	Loquat ⁵
Black sapote ⁵	Macadamia⁵	Mamey sapote ¹
•	Mamoncillo ¹	Papaya ¹
		Passion fruit ²
		Pineapple9
		Pitaya ¹⁰
		Sugar apple (anon)
		Tea ^{7,z}
		White sapote ⁵

¹Observation and estimate by the authors.

(Table 3). Warm to hot weather with periodic rainfall after early and mid-season windstorms is generally conducive to new shoot and leaf growth and rapid recovery of the tree canopy. In contrast, cooler temperatures and less frequent rainfall after

Table 3. Minimum temperatures for vegetative growth and optimum range of temperatures for growth of selected tropical fruits.

	Range in temperatures (°F) for		
Crop	shoot growth	optimum shoot growth	
Abiu ¹	65	68-95	
Atemoya ²	55	72-90	
Avocado ³	55	65-82	
Banana ⁴	65	78-86	
Black sapote ⁶	60	70-90	
Caimito (star apple) ⁶	65	72-90	
Canistel (egg fruit) ⁶	65	70-90	
Carambola ²	65	68-95	
Cashew ⁶	65	70-95	
Cocoa ⁵	60	65-90	
Coconut ⁹	50	55-80	
Coffee ⁵	55	59-75	
Guava ²	60	73-82	
Jaboticaba ⁶	55	60-86	
Jackfruit ⁶	68	72-86	
Longan ²	65	70-95	
Loquat ⁷	50	60-80	
Lychee ²	52	68-86	
Macadamia ²	50	68-24	
Mamey sapote ⁶	65	72-90	
Mamoncillo ⁶	65	72-90	
Mango ⁷	55	75-91	
Papaya ³	65	70-90	
Passion fruit ³	60	65-86	
Pineapple	59	68-86	
Pitaya ⁸	60	65-77	
Sapodilla ⁶	55	70-86	
Soursop ⁶	65	70-90	
Spondias ⁶	65	70-90	
Sugar apple ³	60	73-94	
Tea ^{5,z}	57	65-86	
White sapote ⁶	50	60-80	

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^zNot grown for its fruit; grown for its leaves.

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^zNot grown for its fruit; grown for its leaves.

late season windstorms, e.g., October-November, result in less canopy recovery and/or nutrient deficient re-growth.

Weather conditions after a late season hurricane may not provide enough hours above the minimum temperatures required for root, shoot, and leaf growth from November through March (Tables 3 and 4). Water and nutrient uptake for many tropical/subtropical fruit crops are slowed or inhibited during cool weather thus making tree growth less vigorous and potentially nutrient deficient. Recovery from late windstorms may take 4 to 8 months longer than from early and mid-season windstorms.

Watering. Trees that remained standing after the storm with most of their canopy intact should be watered regularly (e.g., 2 to 3 times per week) to keep an adequate soil moisture level especially during prolonged dry periods. Only trees showing drought symptoms should have ½ to ½ of the canopy removed to reduce tree water loss. For trees that have few to no leaves or that toppled and were reset watering should be reduced until new shoots and leaves begin to emerge then watered regularly. Do not over water.

Fertilizing. Trees that remain standing after a storm with ½ or more of the canopy remaining should be fertilized frequently with small amounts of complete (nitrogen, phosphate, potash, magnesium) fertilizers. Once leaves emerge and are about ½ full-grown foliar micronutrients (zinc, manganese) and soil drenches of chelated iron materials should be made every 2nd or 3rd month until the leaves are full-grown. Once the new growth has matured fertilize trees normally.

Trees with few to no leaves or with some of the canopy cut off by pruning should be fertilized with a reduced amount of fertilizer (e.g., if half the leaves are gone, reduce the rate by 50%). However, as the new shoots and leaves begin to emerge, use small amounts of fertilizer frequently. Trees that toppled and were reset should only be fertilized with a small amount of fertilizer as new shoots and leaves begin to emerge. Once the new growth has matured fertilize trees normally.

Tree growth and recovery will be much slower after late season hurricanes or tropical storms. To encourage healthy re-growth more frequent light applications of complete fertilizers, foliar micronutrients, and soil drenches of chelated iron may be necessary.

Table 4. Mean range and average ambient temperatures from September to August in the Homestead, Florida, area.

Homestead areaz	Ambient temperatures (°F)	
Month	Range	Average
September	72-89	81
October	68-86	78
November	61-79	73
December	58-78	68
January	54-76	66
February	55-77	67
March	59-81	70
April	62-84	73
May	67-87	78
June	71-89	80
July	72-90	81
August	73-90	82

^zData from July-Dec., FAWN site Homestead (http://fawn.ifas.ufl.edu/) and the Southeast Regional Data Center, National Weather Service (http://cirrus.dnr.state.sc.us/cgi-bin/sercc/cliMAIN.pl?fl4091) 30 year ranges and averages for Homestead, FL (1971-2000).

Insect and disease control. Beetles that bore into the bark of damaged trees may be a problem after a tropical storm or hurricane. Typically trees undergo drought stress after a storm due to root damage. These beetles can sense trees under drought stress and attack the tree typically inoculating the tree with a fungus that then colonizes the tree causing its death. Symptoms of bark boring beetles include small holes along major limbs and or the trunk with frass (saw-dust appearing excrement). Prune off dead or dying branches infested with borers and remove the debris from the landscape. The best remedy is to reduce the potential for tree damage and the chances of water and heat stress on the trees. That means annual pruning to reduce tree size and potential toppling and covering the exposed trunks and limbs of fallen trees as quickly after the storm as possible.

Weed control. Due to the loss of tree canopy and the subsequent increase in soil light exposure, weeds may proliferate after a windstorm or hurricane. Weeds should be controlled manually or with approved herbicides to reduce the competition between the recovering tree and weeds for water and nutrients. Do not use residual herbicides because they may cause damage to the trees. Four to 6 inches of mulch applied several inches from the trunk outward to the previous drip-line will assist in suppressing weed growth and help maintain soil moisture. Do not place mulch against the tree trunk because this may result in bark and/or wood rotting along the trunk-mulch interface.

Hurricane Tolerance of Selected Tropical Fruit Trees

Abiu. There is very limited experience with abiu but hurricane tolerance may be similar to mamey sapote and caimito.

Atemoya and sugar apple. Strong winds generally result in leaning or toppled atemoya and sugar apple trees and resetting trees to an upright position has resulted in limited success. Generally, tree re-growth is slow and nutrient deficient and trees may decline slowly over a long period of time. Replanting may be a better option if trees begin to decline rather than regrow well.

Avocado. In general, avocado trees reset and recover well from hurricane wind damage and historically have resumed fruit production in 1 to 3 years post storm. Avocado trees that had been harvested prior to the storm event generally had less damage than those with fruit. Avocado trees exposed to flooding for more than a day or two generally declined or died.

Banana. In general, banana plants with fruit topple and the fruit is damaged or lost. However, banana plants recover well from hurricane damage because they re-grow new pseudostems from the underground growing points.

Black sapote. In general, black sapote trees reset and recover well from hurricane damage. Fruit production generally resumed in 1 to 2 years post storm.

Cocoa. Those cocoa plants adjacent to structures for cold protection may be damaged but appear to regrow and resume pod production in 2 to 3 years.

Coffee. Coffee plants may be damaged by over hanging trees or limbs that fall. However, coffee plants tend to re-grow and resume bean production in 2 to 3 years.

Canistel. Canistel trees generally reset and recover well from hurricane damage and fruit production resumed in 1 to 2 years post storm.

Carambola. Carambola trees generally reset and re-grow vigorously post storm. Historically carambola trees resumed fruit production in 6-9 months.

Guava. In general, those guava trees kept small remained standing after hurricane wind damage and resumed production in 6 to 9 months. Those guava trees that toppled and reset grew well and resumed fruit production in 1 to 2 years.

Jackfruit. The results of resetting jackfruit trees after hurricane damage has been mixed, some recover well, others decline slowly. Severe dieback of branches should be expected.

Longan. Longan trees generally reset well and recover well from hurricane wind damage and resume fruit production in 1 to 3 years. In some cases, re-growth occurs from around the roots around the base of the tree resulting in multiple trunks. Select one strong new shoot and eliminate the rest.

Loquat. Loquat trees generally recover well from hurricane damage and resume fruit production in 1 to 2 years.

Lychee. The limb structure of 'Mauritius' is weak and brittle and historically 'Mauritius' lychee trees sustain more limb damage than 'Brewster' trees. Results of resetting have been mixed with some trees re-growing well and resuming fruit production in 1 to 2 years. Trunk splitting to the ground level is common and causes severe damage and requires tree removal.

Mamey sapote. Mamey sapote trees generally, reset and regrow well after hurricane damage. However, those trees with major limb damage may not resume production for 4 to 5 years.

Mamoncillo. Mamoncillo trees generally, reset and re-grow well after hurricane damage. However, those trees with major limb damage may not resume production for 5 to 6 years.

Mango. Resetting toppled mango trees has historically resulted in very mixed results, some trees declined, and others re-grew well. This is because mango trees appear to be much more susceptible to sunburn than avocado trees. Fruit production may not resume for 1 to 3 years.

Pitaya. Pitaya vines may sustain damage along with the trellis system upon which they grow. Free standing supports appeared to be more damaged than trellis systems. However, they appear to regrow from those plant parts left after the wind-storm.

Sapodilla. Sapodilla trees have historically withstood hurricane force winds well and resume fruit production in 1 to 2 years.

Summary

Hurricane damage to tropical and subtropical fruit trees in the home landscape may be minimized by annual or bi-annual pruning to reduce tree size and open the canopy to wind movement. Resetting of trees should be done as soon as possible to reduce the potential for sunburn along the trunk which results in weak tree re-growth, tree decline, or tree death. Based on ultimate tree size, fruit trees should be planted away from buildings, structures, and power lines to minimize damage to these structures. The attempt to reset trees should be based on trees size with professionally licensed arborists resetting medium to large trees. Trees exposed to flooding may need some of their canopy removed to increase the chances for tree recovery.

Fertilizer practices should be adjusted when trees are damaged and emphasis should be on frequent light applications of all plant nutrients. Watering trees should be adjusted to amount of tree damage and weather conditions. Insects should be controlled to reduce further damage to the tree after a storm. Weeds should be controlled to prevent competition between the tree and weeds for water and nutrients.