Brassica oleracea 'White Peacock' White Peacock
Flowering Kale

Edward F. Gilman

Introduction

The 'White Peacock' Ornamental Cabbage has an open head with finely-divided foliage (Fig. 1). It does not make the tight head common on cabbages sold in the grocery store (Capitata group). Leaves on Ornamental Cabbage are edible but more showy than the Capitata group, and they are displayed in loose, showy rosettes. Fringed leaves are bluish-green with prominent, white veins.

General Information

Scientific name: Brassica oleracea 'White Peacock'
Pronunciation: BRASS-ick-uh awl-lur-RAY-see
Common name(s): 'White Peacock' Flowering Kale
Family: Cruciferae
Plant type: annual; biennial
USDA hardiness zones: all zones (Fig. 2)

Planting month for zone 7: Feb; Mar
Planting month for zone 8: Nov; Dec
Planting month for zone 9: Dec; Jan; Feb
Planting month for zone 10 and 11: Dec; Jan; Feb
Origin: not native to North America
Uses: edging; attracts butterflies
Availability: generally available in many areas within its hardiness range

Figure 1. 'White Peacock' Flowering Kale

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Description

Height: .5 to 1 feet
Spread: 1 to 1.5 feet
Plant habit: round
Plant density: dense
Growth rate: slow
Texture: fine

Foliage

Leaf arrangement: spiral
Leaf type: simple
Leaf margin: parted
Leaf shape: orbiculate
Leaf venation: pinnate
Leaf type and persistence: not applicable

Leaf blade length: 8 to 12 inches
Leaf color: green; purple or red; variegated
Fall color: not applicable
Fall characteristic: not applicable

Flower

Flower color: yellow
Flower characteristic: showy

Fruit

Fruit shape: unknown
Fruit length: unknown
Fruit cover: unknown
Fruit color: unknown
Fruit characteristic: inconspicuous and not showy

Trunk and Branches

Trunk/bark/branches: usually with one stem/trunk

Figure 2. Shaded area represents potential planting range.

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Current year stem/twig color: not applicable

Current year stem/twig thickness: not applicable

Culture

Light requirement: plant grows in full sun

Soil tolerances: acidic; slightly alkaline; sand; loam;

Drought tolerance: moderate

Soil salt tolerances: unknown

Plant spacing: 12 to 18 inches

Other

Roots: not applicable

Winter interest: plant has winter interest due to unusual form, nice persistent fruits, showy winter trunk, or winter flowers

Outstanding plant: plant has outstanding ornamental features and could be planted more

Invasive potential: not known to be invasive

Pest resistance: long-term health usually not affected by pests

Use and Management

Cabbage can be used reliably as a bedding plant in the fall and spring throughout the deep south. Some die-back may occur in the coolest regions of the south and into North Florida in a very cold winter. It can be used throughout the winter in central and south Florida. When flowers begin to appear, it is time to remove the plants and replant with a more heat tolerant bedding plant. Propagation is by seed.

Pests and Diseases

Caterpillars can eat holes in the leaves. Although this does not kill the plant, it makes them unattractive.