

# Diabetes-Related Websites<sup>1</sup>

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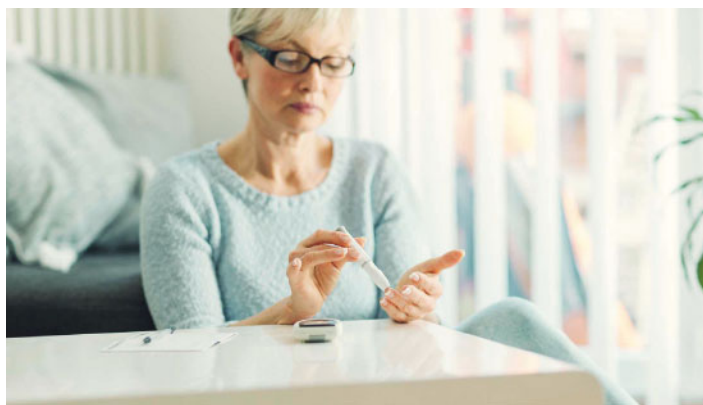


Figure 1. The CDC reports that as of 2014, 22 million Americans had diagnosed diabetes.

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Managing diabetes requires learning about your disease, making positive lifestyle choices, and being a partner with your health care team. Finding and using **current** and **reliable** sources of health information on the Internet also helps you make choices that support your health while avoiding potentially harmful products and practices. In general, government (.gov), educational (.edu), and recognized professional (.org) websites provide reliable and up-to-date information. This fact sheet provides a list of recommended websites you can use to increase your knowledge, better communicate with your health care team, and make important lifestyle choices that allow you to live well with diabetes and reduce your long-term health risks.

## Government

Centers for Disease Control and Prevention: <http://www.cdc.gov/diabetes/>

MedLine Plus: <http://www.nlm.nih.gov/medlineplus/diabetes.html>

National Diabetes Education Program: <http://www.ndep.nih.gov>

National Institute of Diabetes and Digestive and Kidney Diseases: <http://www2.niddk.nih.gov/>

## Professional Associations

Academy of Nutrition and Dietetics: <http://www.eatright.org/resources/health/diseases-and-conditions/diabetes>

American Association of Diabetes Educators: <http://www.diabeteseducator.org>

American Diabetes Association: <http://www.diabetes.org>

International Diabetes Federation: <http://www.idf.org/>

World Health Organization: <http://www.who.int/diabetes/en/>

## Diabetes Research Organizations

Joslin Diabetes Center: <http://www.joslin.harvard.edu/>

Juvenile Diabetes Research Foundation: <http://www.jdrf.org>

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