

# Daily Personal Care



AFTER YOUR DAY ON THE JOB, do not contaminate your house, family, and pets with pesticide residues. Decontaminate before you eat, smoke, chew, or use the bathroom. Don't touch anyone before you decontaminate.



Steering wheel  
Pesticide storage compartment handles  
Door handles, in and out  
Cell phone



**STEP 1.**  
Wash vehicle, pesticide containers, and all contaminated surfaces.



**STEP 2.**  
Wash sprayers, keeping away from children, pets and wildlife.



Tanks  
Nozzles  
Strainers



**STEP 3.**  
Wash, rinse and dry your PPE. Store PPE in zip bags.



Respirator  
Goggles  
Safety glasses  
Gloves  
Boots



Wash gloves before you remove them



**STEP 4.**  
Wash hands and arms. Take a shower or bath.



Shirts  
Pants  
Coveralls  
Hats



**STEP 5.**  
Wash your work clothes separately from other laundry. Use very hot water.

