Healthy Eating: Scrambling for Healthy Beverages

Emily Minton

Unscramble the beverages below and determine which drinks you can have anytime and which ones you should limit!

NUSEWET TAE _______ ____
HOWLE KLMI _______ ___
UFIRT DEA _______ ___
LCUB DASO _______ ___

WLAOFT LKMI _______ ___
WETES ETA _______ ___
RGEURLA DOSA _______ ___
TAWER _______

1. La versión en español de este documento es Alimentación Saludable: Juego de letras bebidas saludables (FCS80015-Span).

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