Healthy Eating: Finding Good Health

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There are many different Nutritional Risk Factors that can affect our eating as we age, and it is important to fight these risk factors for better eating. In the word search below, try to find these words that are important for a healthier lifestyle:

1. This document is FCS80010, one of a series of the Department of Family, Youth and Community Sciences, Florida Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. Original publication date March 2012. Visit the EDIS website at http://edis.ifas.ufl.edu.

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