

## MyPyramid Scramble: Meat and Beans<sup>1</sup>

Linda B. Bobroff<sup>2</sup>

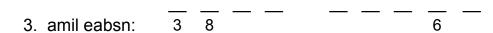


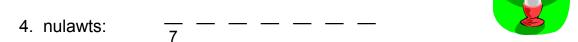
trsoa efeb:

Unscramble the words below to form words related to the Meat and Beans Group. Then use the numbered letters to form the secret message!

1. geg: — — — —



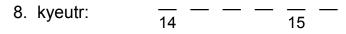




5. aeptun ttrebu: 
$$\frac{1}{11} - \frac{1}{17} - \frac{1}{9} - \frac{1}{12} - \frac{1}{12}$$

6. hsif:  $-\frac{1}{16} - \frac{1}{10}$ 

7. kopr:  $-\frac{13}{13}$  — —







Secret Message:

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## Meat and Beans Key

- 1. Egg
- 2. Roast beef
- 3. Lima beans
- 4. Walnuts
- 5. Peanut butter
- 6. Fish
- 7. Pork
- 8. Turkey



Secret Message: Go lean with protein!