Cost of Young Adults

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If you're a parent, you're well aware of the costs of raising children. Providing food, clothing, housing, childcare, school supplies, health care, entertainment—the list of expenses seems endless! Many parents are surprised to learn that they are likely to spend over $180,000 on each child through age 17 (Lino, 2004).

Parents don't stop spending when children reach 17. New research conducted by the University of Michigan's Institute for Social Research finds that "The giving goes on for another 17 years" (Institute for Social Research, 2005, p. 7).

Using national data, researchers found that, "between the ages of 18 and 34, young adults receive an average of $38,000 in financial help" (ISR, 2005, p. 7), or "over $2,200 in each year" (Schoeni & Ross, in press).

And that's not all. Parents donate their time to their adult children, too. For those living with their parents between 18 and 34, this amounts to "two years' worth of full time, 40 hour a week labor" (ISR, 2005, p. 7; Schoeni & Ross, 2005), or about 9 weeks of time a year.

Researchers point out that, in today's economy, "a successful transition to adulthood depends…on continuing support from parents" (ISR, 2005, p. 7). More and
more, young adults in their twenties are getting help from their parents. "In any given year, 34 percent of youth get financial assistance from their parents and 47 percent get time help" (ISR, p. 8). Parents provide the financial aid and labor that enables young adult children to get started until they can establish their own households.

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References

