



IFAS EXTENSION

## Many Plants Have Extrafloral Nectaries Helpful to Beneficials<sup>1</sup>

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Most everyone is aware that flowers commonly produce nectar that is important in encouraging pollination as well as providing food for hummingbirds and insects. However, few people are aware of the extrafloral nectaries (EFN), nectar-producing glands physically apart from the flower (Fig. 1 and Fig. 2), that have been identified in more than 2000 plant species in more than 64 families. EFN glands may be located on leaf laminae (Fig. 3), petioles (Fig. 4), rachids, bracts, stipules, pedicels (Fig. 5), fruit, etc., and their size, shape and secretions vary with plant taxa. Ants often use EFN (Fig. 6 and Fig. 7) and many fascinating studies are available that report the interactions of ants with EFN and the plant's enemies, herbivores.

The composition of the gland secretion is about 95% sugar with the other 5% consisting of a wide array of amino acids and other important nutrients. EFN content differs from floral nectar, varies by taxa, and may or may not flow in a daily pattern. Two functions for the EFN have been hypothesized: as an excretory organ for the plant to rid itself of metabolic wastes or to attract beneficials for plant defense (Fig. 8). Of the plant species with EFN that have been studied, the majority of the results, although not all,

have supported the plant defense function. It is well documented that many insects use EFN and it is easy to observe beneficial insects such as ladybird beetles feeding on EFN. Many species of ants are found in association with plants having EFN and are thought to be manipulated by the plant using its EFN. Interestingly, a great many species of vines have EFN and the evolution and selection for EFN is hypothesized to occur as a direct result from the ants using the vines frequently as natural pathways into the forest canopy.

Passion flower, *Passiflora* spp., partridge pea, *Cassia* spp., hairy vetch, *Vicia* sp. and elderberry, *Sambucus* spp., are common Florida plants with large EFN on the leaves and/or stems that are easy to find. Most cultivars of peach (and *Prunus* spp. in general) have EFN on the leaves, although a few (e.g. 'GoldPrince' and 'JunePrince') do not. The occurrence of EFN appears to be controlled by a single gene in most plant species. EFN offer an important supplemental food source for beneficial insects, and too, some pest species (Fig. 9) particularly during extreme weather conditions such as drought and other times of the year when prey are scarce. EFN may be valuable if not critical

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components in the ecology of landscapes. A great many opportunities exists to further our understanding of EFN in landscape systems as much remains to be understood about the roles EFN play.

### Some Plant Families with EFN

Liguminaceae, Rosaceae  
 Mimosaceae, Euphorbiaceae  
 Bignoniaceae, Compositae  
 Malvaceae, Salicaceae  
 Curbubitateae, Caprifoliaceae  
 Asclepiadaceae, Liliaceae  
 Caesalpiniceae, Convolvulaceae  
 Papilionaceae, Fabaceae

### Some Species with EFN in Florida

*Abutilon* (Indian mallow)  
*Ailanthus altissima* (silk tree)  
*Allamanda nerifolia*  
*Aphelandra* (tropical herb or shrub)  
*Callicarpa* (beauty berry)  
*Campsis radicans* (trumpet creeper)  
*Cassia fasciculatus* (partridge pea)  
*Catalpa speciosa* (indian bean)  
*Cattleya* orchids  
*Cissus rhombifolia* (ivy)  
*Clerodendron* (tube flower)  
*Costus* (spiral ginger)  
*Crotolaria striata*  
*Croton* spp.

Curcubits  
*Dioscorea* sp. (air potato)  
*Fraxinus* sp. (ash)  
*Fritillaria* sp. (N. Am. lily)  
*Gossypium hirsutum* (cotton)  
*Helianthus* sp. (sunflower)  
*Helionthella quinuenervis* (W. N. Am. herb)  
*Hibiscus* sp.  
*Hoya* sp.  
*Impatiens balsamina*  
*Ipomoea pandurata* (morning glory)  
*Osmanthus* sp. (devil weed)  
*Oxypetalum* sp. (S. Am. shrub)  
*Paeonia* sp. (peony)  
*Passiflora incarnata* (passion flower)  
*Pennisetum* sp. (tropical grass)  
*Phaseolus* sp. (beans)  
*Polygonium* sp. (knot, smartweed)  
*Prunus* spp.(peach) most of 431 species have  
*Pteridium aquilinum* (bracken)  
*Ricinus communis* (castor bean)  
*Robinia pseudoacacia* (black locust)  
*Salix* sp. (willow)  
*Sambucus nigra* (elderberry)  
*Smilax macrophylla* (green briar)  
*Thumbergia grandiflora* (blue trumpet vine)  
*Viburnum opalus*, *V. americanum*  
*Vicia sativa* (vetch)

*Vigna unguiculata* (cowpeas)

### Location of Some EFN

*Ailanthus*: leaf margins

*Allamanda*: leaf axils

*Callicarpa*: adaxial surface near veins at leaf base

*Cassia*: petiole

*Cissus*: stipule

*Costus*: outer surface of floral bracts

*Crotolaria*: flower stalk

*Croton*: petiole

*Curcubits*: lamina, peduncular bracts, abaxial surface of calyx

*Fraxinus*: glandular trichomes on lower leaf surface

*Gossypium*: leaf or flower bracts

*Helianthus*: flower bracts and phyllaries

*Hibiscus*: sunken, elongate cavity part of midvein adaxial surface

*Hoya*: upper leaf surface

*Impatiens*: petiole and leaves

*Ipomoea*: lower leaf surface, petiole, pedicel just below junction with sepals

*Osmanthus*: glandular trichomes on lower leaf surface

*Passiflora*: petiole, bud and flower bracts

*Phaseolus*: on the cushion-like compressed lateral branches on the inflorescence axis

*Prunus*: distal part of leaf petiole/leaf blade

*Pteridium*: stipe and fronds

*Ricinus*: leaf and inflorescence

*Robinia*: stipules

*Salix*: leaves

*Sambucus*: stipules

*Smilax*: tiny, flattened on lower leaf surface

*Thunbergia*: sepals

*Viburnum*: lower leaf surface near petiole

*Vicia*: stipules

*Vigna*: stipules and inflorescence stalk

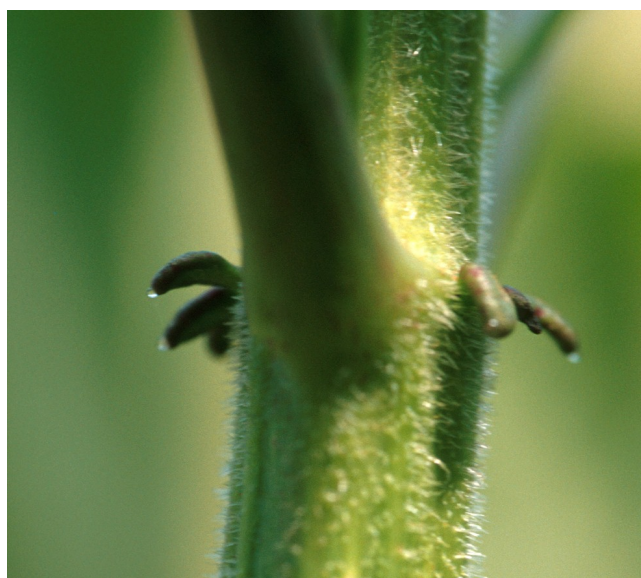
### References for Further Reading

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**Figure 1.** Extrafloral nectaries secreting nectar on the stems of young elderberry plants.



**Figure 2.** Extrafloral nectaries on stalked structures on elderberry leaves.



**Figure 4.** Extrafloral nectaries (lobes) on peach.



**Figure 3.** Extrafloral nectaries on the leaves of passionflower.



**Figure 5.** Extrafloral nectaries (pits) on the petioles of trumpet vine.



**Figure 6.** A large species of ant using the EFN of elderberry in north Florida.



**Figure 9.** Lovebugs feeding on the EFN of elderberry.



**Figure 7.** Extrafloral nectaries with visiting ant on hairy vetch.



**Figure 8.** A ladybeetle, *Coccinella septempunctata* and a lacewing larva feeding on the EFN on a flower bud of peony.