UNIVERSITY OF FLORIDA
IFAS EXTENSION

Healthy Living for Elders:
Are You at Risk for Drug Interactions?[1]

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Drugs (prescription medications, over-the-counter products, vitamins, minerals, and herbals) may interact with each other or the food you eat and cause harmful reactions. To see if you are at risk for drug interactions, circle Yes or No for the following questions:

ENAFS
Elder Nutrition and Food Safety

1.	Do you take two or more medications each day?	Yes	No
2.	Do you purchase prescriptions at more than one pharmacy?	Yes	No
3.	Do you have prescriptions from more than one doctor?	Yes	No
4.	Do you ever take your medications with grapefruit juice?	Yes	No
5.	Do you take dietary supplements (vitamins, minerals, or herbals) that you haven't discussed with your doctor or pharmacist?	Yes	No
6.	Do you ever take medications without first reading the instructions and warning labels?	Yes	No
7.	Do you think that drugs bought without a prescription are always safe to use?	Yes	No
8.	Do you ever take a larger dose than the doctor recommends?	Yes	No
9.	Have you ever taken a drug prescribed for someone else?	Yes	No

If you answered *Yes* to any of the questions, you may be at risk for drug interactions.
Be sure to talk to your doctor or pharmacist about all the drugs you are taking to reduce your risk for harmful drug interactions.