

## **Beef Retail Identification Cuts<sup>1</sup>**

Brian Estevez, Chad Carr, and Larry Eubanks<sup>2</sup>

Beef Retail Identification Cuts includes all of the beef cuts, primals, and cooking methods that are included in the Florida 4-H Meat Judging Contest. This contest, coordinated by the Florida 4-H Animal Sciences program, develops life skills through activities related to the processing of beef, pork, and lamb, including retail identification, meat quality factors, and cooking methods.

The Institute of Food and Agricultural Sciences (IFAS) is an Equal Opportunity Institution authorized to provide research, educational information and other services only to individuals and institutions that function with non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, marital status, national origin, political opinions or affiliations. For more information on obtaining other UF/IFAS Extension publications, contact your county's UF/IFAS Extension office.

<sup>1.</sup> This document is 4HASP01, one of a series of the 4-H Youth Development Department, UF/IFAS Extension. Original publication date December 2017. Visit the EDIS website at http://edis.ifas.ufl.edu.

<sup>2.</sup> Brian Estevez, Extension agent II, 4-H Youth Development Department, UF/IFAS Extension Escambia County, Cantonment, FL 32533; Chad Carr, associate professor, state meat Extension specialist; and Larry Eubanks, coordinator of research programs, Department of Animal Sciences; UF/IFAS Extension, Gainesville, FL 32611.

# **Beef Retail Identification Cuts**

#### **Brisket**



Brisket, Corned



Flat Half (Bnls)



Whole (Bnls)





#### Chuck



Seven (7) Bone Roast



**Arm Roast** 



**Arm Roast** (Bnls)



**Blade Roast** 



**Eye Roast** (Bnls)



**Eye Steak** (Bnls)



**Mock Tender** Roast



**Mock Tender** Steak



**Petite Tender** 



**Shoulder Roast** (Bnls)



Top Blade (Bnls) Flat Iron Steak

### Rib



**Rib Roast** 



Eye Roast (Bnls)



**Eye Steak** (Bnls)



Ribeye, Lip-On Steak





Flank Steak

Loin



**Porterhouse** Steak



T-Bone Steak =



**Tenderloin** (Whole)



Tenderloin Steak



**Top Loin** Steak



Top Loin



**Top Sirloin Cap** Steak (Bnls)



**Top Sirloin Cap** Off Steak (Bnls)



**Top Sirloin Steak** (Bnls)



**Tri-Tip Roast** 



**Cookery Method** 







#### Round



**Bottom Round** Roast (Bnls) -



Bottom Round -Rump Roast (Bnls)



**Bottom Round** Steak



**Eye Round** Roast



**Eye Round** Steak -



Round Steak 👚



**Round Steak** (Bnls)



Tip, Cap Off Roast



Tip, Cap Off Steak



**Top Round** Roast =



**Plate** 



**Skirt Steak** 

(Bnls)

**Various** 



**Beef for Stew** 



Steak =

**Cubed Steak** 

