

# Exams are Alive With the Sound of...Music?

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On the other hand, studies on the effect of music are mixed.

Calming relaxing music might be helpful.  
Aggressive music might not.

But it may depend on the person, as their personality also seems to have an impact on whether music helps!



It pretty much comes down to individual cases. But if you want to ensure that you're assessing **student knowledge**, not student **performance-despite-knowledge...**



Ok, Let's try it.



The next day...

...and you may begin.



Studies cited include:  
- Schellenberg, E.G. et al. (2007).  
*Psychology of Music*, 35, 5-19.  
- Alley, T.R. et al. (2008).  
*Current Psychology*, 27, 277-289.

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